

# PRIMARY CARE DISCOVERY

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**PDSA: Ensuring all Active/RACGP Active patients with Diabetes have a GPMP performed at least every 24 months.**

|         |         |
|---------|---------|
| Clinic: | Date:   |
| Title:  | Number: |

**Goal:** What is the overall goal you wish to achieve?  
Improving the ongoing management of Diabetes in our practice by ensuring all patients with Diabetes have a GPMP every 24 months or sooner if indicated.

**Idea:**  
GP Management Plans (GPMP) ensure best-practice diabetes management including regular monitoring to help prevent diabetes complications. They provide subsidised access to allied health and group diabetes education services through Medicare and Lists the actions patients can take to help manage their condition.

**PLAN:**  
Ensure all RACGP Active patients with Diabetes have an active GPMP in place.

| List the tasks necessary to complete this test (what)   | Person responsible (who) | When | Where |
|---|--------------------------|------|-------|
| Run POLAR search for patients who have Diabetes Mellitus Type 1, 2 or undefined. Of these patients how many have an active GPMP and how many patients with Diabetes do not? This is your baseline data (see attached) |                          |      |       |
| Discuss the implementation at a practice meeting  |                          |      |       |
| From POLAR export a list of patients with Diabetes who need a GPMP. (see attached walkthrough)  |                          |      |       |
| SMS or ring patients to book the preparation of the GPMP (note can be done via telehealth)  |                          |      |       |
| Follow up Patients  |                          |      |       |
| Run POLAR search to manage recall lists (see walkthrough)   |                          |      |       |
| Track progress  |                          |      |       |
|   |                          |      |       |
|   |                          |      |       |

3) What do you predict will happen?  
The number of patients with an active diagnosis of Diabetes having an active GPMP will increase. The measures recorded for patients with Diabetes will improve. (PIP QI Report Graphs)

**DO:** Was the cycle carried out as planned? Yes No, if not why?

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**STUDY:** Record, analyse and reflect on results. Did the results match your predictions?

**ACT:** Decide to Adopt, Adapt or Abandon.

|  | Select  |   | Describe |
|--|---------|---|----------|
|  | Adopt   | Select changes to implement on a larger scale and develop an implementation plan and plan for sustainability. |          |
|  | Adapt   | Improve the change and continue testing plan.<br>What will be next PDSA cycle?                                |          |
|  | Abandon | Discard this change idea and try a different one.   |          |

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WALKTHROUGH: Ensuring all patients with an active diagnosis of Diabetes Mellitus have an active GPMP.

Patient Cohort:

Patient Status Active

Patient status RACGP Active

Have an active diagnosis of Diabetes Mellitus any type.

Have not had a GPMP for over 24 months.

1. Open POLAR and Select Clinic  
Summary Report from Reports



### Clinic Summary

Clinic Summary report  
including CLINICAL  
INDICATORS

2. Select RACGP & Practice Active  
Patients from the shortcut in the top  
right hand side.

RACGP & Practice Active Patients

*CURRENTLY SELECTED*



2. Select Clinical then Diagnosis

Clinical

MBS

Pr

Clinical Indicators

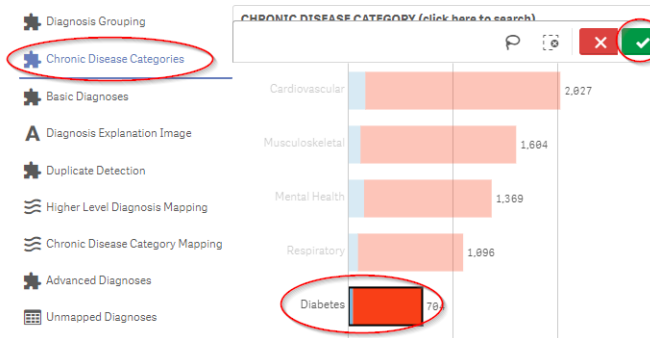
Diagnosis

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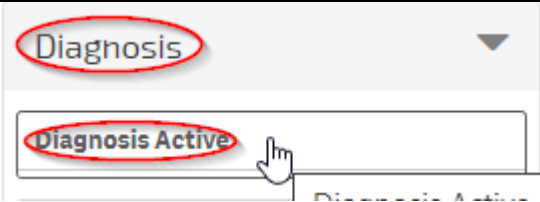
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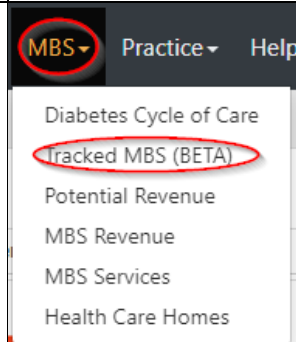
3. Select the Chronic Disease Categories from the tree on the left hand side. Then select Diabetes and confirm the selection.



4. From the filters on the left hand side select Diagnosis then select Diagnosis Active and confirm the selection.



5. From the dark ribbon select the drop down list MBS then select Tracked MBS



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6. The Tracked MBS item will default to opening on GPMP

The red section To Action will give you the baseline data of how many patients with Diabetes do not have an active GPMP. Record this in your table. Use the top table to record how many patients currently have an active GPMP

To export a list of patients select the Select Combined Button

Go to Patient List at the top right hand side then export to excel for sorting.

The screenshot displays a dashboard for GPMP (General Practitioner Medical Panel) data. At the top, a red section titled "To action for GPMP" shows a count of 3,059. Below this are three buttons: "Select Never Had", "Select Expired", and "Select Combined". The "Select Combined" button is circled in red. Below the buttons is a table with the following data:

| Focus | Tracked MBS Item | Eligible Cohort | Active |
|-------|------------------|-----------------|--------|
|       | GPMP             | 9,323           | 2,344  |

The "Active" column value (2,344) is circled in red. Below the table is a "Patient List" button.



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