

Inner East Transition Options

Mental Health services available for Inner East clients

1. Referral to the **EACH Psychological Strategies** pilot program in Yarra Ranges, Knox or Maroondah. Clients referred to this program will have access to a full episode of care irrespective of the EMPHN sessions they have received for 2018 - call 8805 2200.
2. Referral to the **NEAMI Steps to Wellbeing** pilot in Blackburn or Croydon. This is a low-intensity psychological service that also has capacity for videoconferencing. Clients referred to this program will have access to a full episode of care irrespective of the EMPHN sessions they have received for 2018 – call 8691 5450.
3. Referral to the new **Mental Health Stepped Care Model provider – Access Health and Community and its Connect4Health partners** in the Inner East. Complete the EMPHN Client Transition Report and submit these to EMPHN’s Referral and Access Team by 14 December 2018. Call Eastern Melbourne PHN 9800 1071. Clients referred to the new Stepped Care model will undergo a brief assessment of needs to determine the appropriate service to be delivered.
4. Referral to **MBS Better Access**. Clients are now eligible for a full episode of MBS Better Access, irrespective of their year to date Psychological Strategies sessions.
5. Referral to the **Community Outreach Perinatal Support Service**. This is a low-intensity psychological service that also has capacity for videoconferencing. Clients referred to this program will have access to a full episode of care irrespective of the EMPHN sessions they have received for 2018 – call 9890 2220.
6. Referral to **Eastern Domestic Violence Service** – call 9259 4200.
7. Referral to other counselling services available within community.
8. Referral to public mental health services.

If you need further support, please contact our Referral and Access Team on 9800 1071.

FOR MORE INFORMATION

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EASTERN MELBOURNE

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