



6/6/2019

Psychotropic medication management in older persons mental health

For general practitioners and practice nurses

Treating and managing mental health in older persons is to balance the benefits of utilising psychotropic medications against the risk of side-effects. Age related metabolic changes and increased physical co-morbidities can present challenges for GPs on the appropriate treatment for older persons.

Presented by

Professor Kuruvilla George

Director of Medical Services, Peter James Centre and Wantirna Health
Clinical Director of Aged Persons Mental Health and ECT, Eastern Health
Conjoint Clinical Professor Deakin University and Adjunct Associate Professor Monash University

Topics

- Psychotropic medications that are used in older persons mental health
- Choosing appropriate anti-depressants, anti-psychotics, anti-anxiety and mood stabilisers and doses to be used in older persons
- Using psychotropic medications to manage behavioural symptoms in delirium and dementia

Event Details

Date: Thursday 6 June 2019

Venue: North Seminar Rooms 2 and 3
Peter James Centre
Corner of Mahoneys road and Burwood Highway, Burwood East

Time: **6.30pm** registration and light supper
7 to 9pm session

Parking: Free onsite parking is available.

For easiest access to the room, we would recommend entering the Peter James Centre from the main entrance at 345 Burwood Highway.

Click [here](#) for a detailed map of the premises.

[Register now](#)

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