

## Register to receive a CVS visitor

Regular visits from a community visitor can help to improve your quality of life and help you feel less socially isolated.

## Volunteer as a CVS visitor

Volunteering as a community visitor can be a rewarding experience. By becoming friends with an older person, you can make a positive difference to their lives as well as your own.

Contact your local provider:

[www.health.gov.au/cvs](http://www.health.gov.au/cvs)

# Providing friendship and companionship to older people

The Community  
Visitors Scheme (CVS)



An initiative of the Australian  
Government Department of Health  
[www.health.gov.au/cvs](http://www.health.gov.au/cvs)



Aboriginal and Torres Strait Islander people are advised that this document may contain images of deceased people.

**CVS visits are available  
to anyone receiving  
government-subsidised  
residential aged care or  
Home Care Packages.**

# A free service to help older people maintain social connection

A matched volunteer will aim to visit for 1 hour, once a fortnight.

Visits can be:

- one on one or small group visits to residential aged care homes;
- or
- one on one visits to people receiving home care packages



## Focusing on the needs of older people at a higher risk of being socially isolated

In Australia there are CVS groups in all states and territories, including groups that support:

- people from culturally and linguistically diverse backgrounds
- Aboriginal and Torres Strait Islander peoples
- lesbian, gay, bisexual, transgender and intersex people
- people who live in rural or remote areas
- people who are financially or socially disadvantaged
- people who are homeless or at risk of becoming homeless
- veterans
- care leavers
- parents separated from their children by forced adoption or removal



## Who are the CVS visitors?

Visitors are volunteers who join their local service provider. All visitors receive basic training and must have regular police checks. Visitors are matched to a person based on their shared interests.

