



Personality Disorder Service

Spectrum's 2021 Conference and Workshops

SELLING FAST!

**Complexities in Personality Disorder:
A Mentalization-Based Treatment (MBT) Approach**

**1 October 2021 – Online
9:00am – 4:30pm**

TICKET SALES END 29 September 2021!

Post-Conference Online Workshops:

Principles of Structured Clinical Management for Borderline Personality Disorder (BPD) - **4 October 2021**

MBT for Antisocial Personality Disorder - **5 October 2021**

SOLD OUT MBT for BPD - **6 & 7 October 2021**

Join us in October 2021 to hear from leading international expert Prof Anthony Bateman, who with Peter Fonagy, developed Mentalization-Based Treatment (MBT) for borderline personality disorder (BPD). MBT is an empirically-supported treatment for people with BPD. It offers positive outcomes for people with complex and multifaceted presentations and a high degree of comorbidity.



Professor Anthony W Bateman MA, FRCPsych

Prof Bateman will be giving two virtual keynote addresses at the conference, considering how the MBT model has evolved and how it conceptualises and treats the complexities associated with borderline, antisocial, and other personality disorders.

In addition, MBT experts across Australia will showcase how the treatment is being taken up nationally in a variety of settings. You will also hear from consumers in a panel discussion about their experiences with MBT.

Prof Bateman will also virtually present two post-conference workshops: 'Principles of Structured Clinical Management* for BPD' and 'MBT for Antisocial Personality Disorder' and will co-present the 'MBT for BPD' workshop for participants who would like to access more in-depth training in MBT.

**Structured Clinical Management is a common factors treatment model developed by Professor Bateman.*