



6/6/2019

# Psychotropic medication management in older persons mental health

*For general practitioners and practice nurses*

Treating and managing mental health in older persons is to balance the benefits of utilising psychotropic medications against the risk of side-effects. Age related metabolic changes and increased physical co-morbidities can present challenges for GPs on the appropriate treatment for

## Presented by

### Professor Kuruvilla George

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Clinical Director of Aged Persons Mental Health and ECT, Eastern Health  
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## Topics

- Psychotropic medications that are used in older persons mental health
- Choosing appropriate anti-depressants, anti-psychotics, anti-anxiety and mood stabilisers and doses to be used in older persons
- Using psychotropic medications to manage behavioural symptoms in delirium and dementia

### Event Details

Date: Thursday 6 June 2019

Venue: North Seminar Rooms 2 and 3  
Peter James Centre  
Corner of Mahoneys road and Burwood Highway, Burwood East

Time: **6.30pm** registration and light supper  
**7 to 9pm** session

Parking: Free onsite parking is available.

For easiest access to the room, we would recommend entering the Peter James Centre from the main entrance at 345 Burwood Highway.

Click [here](#) for a detailed map of the premises.

[Register now](#)

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